

MONTHS 8-12

Milestone Checklist

Physical		Hand and Finger Skills		Language		Cognitive		Social	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Reaches sitting position without assistance	Does not crawl	Uses pincer grasp	Experiences dramatic loss of skills he/she one had	Pays increasing attention to speech	Does not say single words	Explores objects in many different ways	Does not search for objects that are hidden while he or she	Shy or anxious with strangers	Major deviations from the above said
Crawls forward on belly	Drags one side of the body while crawling	Bangs two objects together	No proper pincer grasp	Responds to simple verbal requests	Does not attempt imitation	Finds hidden objects easily	Does not learn to use gestures such as waving or shaking	Cries when mother or father leaves	
Assumes hands and knee position	Cannot stand even while supported	Puts objects into container	Drops objects involuntarily very frequently	Responds to "no"	Does not understand "no"	Looks at correct picture/object when it is named	Does not point to objects or pictures	Enjoys imitating people while playing	

Physical		Hand and Finger Skills		Language		Cognitive		Social	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Creeps on hands and knees		Takes objects out of container		Uses simple gestures, such as shaking head for 'no'		Imitates gestures		Shows specific preferences for certain people/toys	
Gets from sitting to crawling to prone position		Lets objects go voluntarily		Babbles with inflection (changes in tone)		Begins to use objects correctly		Tests parental responses to his action during feedings	
Pulls himself to stand up		Pokes with index finger		Says "dada" and "mama"				Tests parental responses to his behavior	
Walks holding on to furniture		Tries to imitate scribbling						Maybe fearful in some situations	

Physical		Hand and Finger Skills		Language		Cognitive		Social	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Stands momentarily without support								Prefers mother and/or regular caregiver over others	
May walk 2 or 3 steps without support								Repeats sounds or gestures for attention	
								Finger feeds himself	
								Extends arm or leg to help when being dressed	

