

THE THIRD YEAR

Milestone Checklist

Movement		Hand and Finger Skills		Language		Cognitive		Social & Emotional	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Climbs well	Falls frequently	Makes lines with crayons/pencils, up and down, side to side and circular	Cannot build a tower of more than 4 blocks	Follows a 2 to 3 part command	Persistent drooling or unclear speech	Makes mechanical toys work	No involvement in pretend play	Imitates adults/playmates	Little interest in other children
Walks up and down stairs, alternating feet	Difficulty climbing stairs	Turns the pages of a book, one at a time	Difficulty manipulating small objects	Recognizes and identifies almost all common objects, real and in pictures	Cannot communicate in short phrases	Matches an object around to its image in a	Cannot understand simple instructions	Spontaneously shows affection for playmates they know	Poor eye contact
Kicks ball	Unsteady walk	Builds a tower of more than 6 blocks	Cannot draw a circle by age 3	Understands more sentences	Does not follow simple instructions	book		Can take turns in games	No involvement in pretend play

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Runs easily		Holds pencil while trying to write	Dramatic loss of skills he/she previously had	Understands the concept of space (while drawing, speaking,		Plays make-believe games with dolls, stuffed toys and people		Understands concept of "mine and "his/hers"	Limited interest in toys
Rides a tricycle		Screws and unscrews jar lids, nuts and bolts				Sorts objects by shape and color		Expresses wide range of emotions	Severe difficulty in separating from mother/primary caregiver
Bends over easily without falling		Turns handles		etc.)		Completes puzzles with 3 or 4 pieces		By age 3, is comfortable with separation from parents	
				Uses 4 to 5 word sentences		Understands concept of 2 or more		Objects to major changes in routine	

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				Can say name, age, sex					

Uses pronouns (I, you, me, we, they)

				Uses plurals					
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Speaks coherently enough for strangers to understand

