

THE FOURTH YEAR

Milestone Checklist

Movement		Hand and Finger Skills		Language		Cognitive		Social & Emotional	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Hops and stands on one foot for up to 5 seconds	Cannot throw ball overhand	Copies square shapes	Cannot grasp a crayon between the thumb and fingers	Has mastered some basic rules of grammar	Does not use "me" and "you" correctly	Recognition of colours	Shows no interest in fantasy play	Interested in new experiences	Resists dressing, sleeping, using the toilet
Goes up and down stairs without support	Cannot jump in place	Draws person with two to four body parts	Has difficulty scribbling	Speaks in sentences of 5 to 6 words	Does not use sentences of more than 3 words	Understands concept of counting; may know a few numbers	No recall/narration of stories	Co-operates with other children	Reacts without any self-control when angry or upset
Kicks ball forward	Cannot ride a tricycle	Uses scissors	Cannot stack blocks	Speaks coherently for all to understand		Begins to have a clearer sense of time	Does not follow commands	Pretend play gets more interesting	Does not engage in fantasy/pretend play
Throws ball overhand	Severe loss of skills he/she previously had	Draws circles and squares	Cannot copy a circle	Tells stories		Follows 3-part commands		Dresses and undresses on own	Still clings/cries when parents leave

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Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Catches a ball that is bounced most of the times		Begins to copy some capital letters				Recalls story or parts of a story		Negotiates solutions to conflicts	Shows no interest in interactive games
Moves forward and backward with agility						Understands concepts of "same" and "different"		More independent	
						Engages in fantasy play		Can often tell difference between fantasy and real	

