

THE FOURTH YEAR

Milestone Checklist

Movement		Hand and Finger Skills		Language		Cognitive		Social & Emotional	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Stands on one foot for 10 seconds or more	Cannot hop, somersault or stand on one foot	Copies triangle and other shapes	Seems uncomfortable holding a crayon	Recalls story	Cannot talk about daily activities and experiences	Can count 10 or more objects	Unable to concentrate for more than 5 minutes on any single activity	Wants to please friends	Acts fearful or timid
Hops, somersaults	Fears heights and climbing trees, etc.	Draws person with body	Has trouble undressing/using buttons	Speaks sentences of more than 5 words	Cannot use plurals or past tense properly	Correctly names at least 4 colors	Responds to people only superficially	Wants to imitate friends	Extremely aggressive or overly passive
Swings, climbs		Prints some letters	Cannot wash/dry hands	Uses future tense	Cannot tell name, address properly	Understands concept of time	No difference between fantasy and reality	Understands rules. Agrees/disagrees to rules	Unable to separate from parents without major protest

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Maybe able to skip		Dresses and undresses without help	Cannot build towers of 6 to 8 blocks	Tells longer stories	Cannot understand 2-part commands	Knows about things used every day in the house(- food, appliances, money etc.)		Can sing/dance/act	No interest in interactive play
		Uses fork, spoon and knife		Able to tell the names, address, telephone number of parents				More independent (e.g. - goes to neighbour's house by herself/himself)	Unhappy or sad most of the time
		Usually manages toilet needs						Clear difference between fantasy and reality	
								Aware of gender	No expression of different emotions

