

THE FOURTH YEAR

Milestone Checklist

Physical		Movement		Hand and Finger Skills		Cognitive		Language		Social & Emotional	
Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal	Normal	Deviation from normal
Loses teeth	No spurt in growth, as in, increase in height etc.	Climbs, runs, can ride bi-cycle/tricycle	Fears climbing, jumping, swimming	Buttons clothe	Improper pencil grip	Names 6 basic colors and 3 basic shapes	Does not follow 3-part instructions	Vocabulary increases	Limited vocabulary	Develops confidence	Over attachment and clinging to parents
Vision is as sharp as an adult's (at least by the end of the 7th year)	Lack of energy	Can learn to skate	Inability to jump rope	Washes clothes	Inability to reach and grasp in one continuous movement	Follows instructions in a group	Unable to follow sequential tasks	Uses sentences with details	Inability to communicate and express	Grows more independent	Inability to make friends
Is vigorous and full of energy	Inability to walk a straight line, and lack of balance	Can learn to swim	Unsteady gait	Puts toys away	Avoids finger work/ activity involving finger skills	Follows commands that are 3-part	Unable to narrate stories in a coherent manner	Answers verbally to "Hi" and "How are you" questions	Improper grammar	Learns to make friends	Lack of confidence

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Walks a straight line, heel to toe, both backwards and forwards	Cannot hop, skip or jump	Enjoys a swing, climbs jungle gyms and other complex physical tasks		Reaches and grasps in one continuous movement	Inability to catch ball	Asks "how" questions		Exchanges information through questions		Learns by imitation	
Hops on either foot more than 10 times		Jumps rope		Catches a ball with hands		Uses past and future tense appropriately		Accurately relates a story		Experiences peer influence	

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				Makes precise marks with crayons, confining marks to a small area		Uses conjunctions		Sings entire songs/ recites rhymes		Is aware of self and of others	
				Prints a few letters		Names opposites		Communicates easily with adults and other children			
				Can cut out complex pictures accurately, following the outline		Sequentially names days of the week		Uses appropriate grammar in most cases			

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Counts
30 by
rote

